

# AMU and APU Reunion Hockey Game Rules

## ENTRY DETAILS:

1. All players must be 18 years of age and registered with USA Hockey.
2. Players will register as individuals and will be placed on team rosters determined by the game committee.
3. Team rosters and captains will be created and chosen by the game committee who will roster up to 15 players plus a goalie per team. The committee will attempt, to the best of their ability, to create evenly skilled teams. Team captains must confirm the team roster and jersey number with the scorekeeper prior to every game. No substitutions will be allowed with the exception of goalies. Teams must notify a substitute goalie prior to the start of a game, and they must already be registered for the AMU and APU Hockey Game.
4. The minimum number of players required to play per team is 6, including the goalie. If there are less than 6 players at game time, then the game will need to be rescheduled at such a point the minimum number of players can be achieved. If a goalie is not able to play a tournament game and there is no substitution available at game time, a player without goalie specific gear may play in the net so that the game is not a forfeit. However, the player does not have goaltender rights or privileges per USA Hockey rules.

## PROTECTIVE GEAR:

1. Players assume all risk of danger incident to or associated with the game of hockey.
2. All players are required to follow USA Hockey equipment recommendations. All players registered in this tournament must wear protective gear consisting of a helmet with full face shield, hip pads or padded hockey pants, shin pads, elbow pads, and hockey gloves. Though shoulder pads, mouth guards and neck guards are not required, they are highly recommended. Goaltenders must wear protective gear consisting of a helmet with full face shield, chest protector, blocker and goalie glove, padded hockey pants, leg pads, and hockey skates. Sticks may not be cracked or broken.

## RULES:

1. USA Hockey rules govern the tournament unless otherwise noted. If a player is intentionally checking, fighting, or has poor sportsmanship or unsafe play, including being too intoxicated to play, then they may be ejected from the tournament. An ejection from the tournament for any reason will be determined by the tournament committee.
2. Only ONE goal per player per game will be allowed until all eligible players on a team have scored. If a player who has already scored scores again, then the faceoff will be at the opposite end face-off spot.
3. **Slap shots will not be allowed.**
4. There may be opportunities for friendly off-ice competition between teams that results in some creative game play advantages during the round robin games. These opportunities will be determined by the tournament committee and announced to all teams to allow for participation for everyone.
5. No game protests.

## TIMEKEEPER AND SCOREKEEPER:

1. A timekeeper and scorekeeper will be provided. Teams may provide a penalty box attendant. All officiating officials must comply with USA Hockey rules.

## GAME CLOCK FOR ROUND ROBIN PLAY:

1. Teams will be allowed a 5-minute warm-up.
2. Round robin games shall consist of three 17-minute running clock periods except the last 2 minutes of the 3rd period will be stop clock.
3. The referee may instruct the timekeeper to stop the clock due to a delay in play. ONLY the referee has the authority to stop the clock during a running clock situation.
4. Each team is permitted one 1-minute time out per game. Time outs may only be called during a stoppage of play.

## TIE BREAKERS:

Head-to-head competition between tied teams during round robin games.

2. "Goals for" minus "Goals against" in round robin games. The highest positive number will advance.
3. Least amount of penalty minutes in all round robin games.
4. Coin flip, which will be done by a member of the tournament committee.

THANK YOU FOR PARTICIPATING AND HELPING APU CELEBRATE  
THE 50TH ANNIVERSARY OF THE AMU HOCKEY TEAM.

# AMU

# Hockey Alumni

Mike Moglein  
Brush and Marilyn Christiansen  
Pete and Lura Hegg  
Karl (Jake) Thiele and wife Bonnie  
Danny Urness and wife Murph  
Brant Hurlburt and wife Patti  
Mike Phippen and wife Ester  
Rudder and Jed Dixon  
Craig Whitmore,  
Willie Johnson,  
Rocky Lloyd,  
Dennis Casanovas,  
Mark Helmer,  
Curtis McCallum,  
Randy Robinson,  
Steve Carlson,  
Randy Phillips




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## RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Participant: \_\_\_\_\_

Program: AMU & APU Hockey Game

I desire to participate in the above Program on **September 29, 2024**. I acknowledge that my participation is elective and voluntary. **In consideration for being allowed by Alaska Pacific University (“APU”) to participate in the Program, I acknowledge and agree to the following conditions:**

**RULES AND REQUIREMENTS:** APU may terminate my participation in the Program if it is determined that my conduct violates any rule or requirement of the Program, is detrimental to the best interests of the Program, or for any other reason in the APU’s discretion.

**CERTIFICATION OF FITNESS TO PARTICIPATE:** I am physically and mentally fit to participate in the Program and do not have any medical condition, including injuries and illnesses, that could be aggravated by my participation. I further certify that I am free from communicable diseases, including, but not limited to, COVID-19, methicillin-resistant staphylococcus aureus (MRSA), and staphylococcus infection.

**INFORMED CONSENT:** I have been informed of and understand the nature of the Program. I assume full responsibility for my participation in the Program and use of the APU’s facilities. I know that, by participating in the Program, I could sustain serious personal injuries for which protective equipment may be inadequate to prevent. I also understand that my participation in the Program may expose me to communicable disease. My participation in the Program may result in serious bodily injury to me, including death from heat stroke, concussion, heart attacks or heart injury, sickle cell disease, communicable diseases, and or other injuries as a consequence of not only Releasees’ (as defined herein) actions, inactions, negligence or recklessness, but also the actions, inactions, negligence or recklessness of others, conditions of the equipment, facility conditions, weather conditions, improper officiating or refereeing, and/or negligent first aid operations. I further understand that the risks associated with the Program include, but are not limited to, sprains, cuts, contusions, abrasions, concussions, broken bones, bone fractures, and in some extreme cases long-term injuries, including but not limited to brain damage that may result in mental and emotional disabilities, and/or physical damage, including but not limited to the musculoskeletal, nervous, respiratory and/or urinary systems, and/or death. There may be risks not known to me or not reasonably foreseeable. Any injury, illness, damage, disability, or death that I may sustain during or as a result of this Program is my sole responsibility, except as expressly stated otherwise in this Agreement.

**ASSUMPTION OF RISKS:** I understand and acknowledge that there are potential dangers incidental to my participation in the Program, including all risks relating to ice hockey and any member team activities, and understand that ice hockey and member team activities involve risks to Participant’s person, including bodily injury, partial or total disability, paralysis, death, and damages which may arise therefrom. Potential dangers may result from practicing, training, observing, and competing in Program events. Potential dangers may also stem from weather conditions, facility conditions, equipment conditions, negligent first aid operations, improper officiating or refereeing, procedures of Releasees (as defined herein), and other risks that are unknown at this time. Risks may result from the Program’s activity itself, from the acts of others, from use of the equipment or facilities, or organization of or unavailability of emergency medical care. Participation in the Program involves activities incidental thereto and the possible reckless conduct of other participants. **I KNOWINGLY AND VOLUNTARILY ASSUME ALL SUCH RISKS, BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE ACTS OF THE RELEASEES (AS DEFINED HEREIN), UNLESS THE RISKS ARISE FROM THE RELEASEES’ NEGLIGENCE, GROSS NEGLIGENCE, OR INTENTIONAL MISCONDUCT.**

**RELEASE AND WAIVER OF LIABILITY:** I, on behalf of myself, my personal representatives, heirs, executors, administrators, agents, and assigns, **HEREBY RELEASE, WAIVE, DISCHARGE, AND AGREE NOT TO HOLD APU**, including its governing board, trustees, directors, officers, employees, and any students, agents or volunteers acting at APU’s direction (collectively referred to as “Releasees”), responsible for any and all liability, including any and all claims, demands, causes of action (known or unknown), suits, or judgments of any and every kind (including attorneys’ fees and costs), arising from any injury, illness, damage or death that I may suffer as a result of my participation in the Program, **REGARDLESS OF WHETHER THE INJURY,**

**ILLNESS, DAMAGE OR DEATH IS CAUSED BY THE RELEASEES UNLESS THE INJURY, ILLNESS, DAMAGE OR DEATH IS CAUSED BY THE RELEASEES' NEGLIGENCE, GROSS NEGLIGENCE OR INTENTIONAL MISCONDUCT, AND REGARDLESS OF WHETHER THE INJURY, ILLNESS, DAMAGE OR DEATH OCCURS WHILE ON, UPON, OR IN TRANSIT TO/ FROM THE PREMISES WHERE THE PROGRAM, OR ANY LOCATION ADJUNCT TO THE PROGRAM OCCURS OR IS BEING CONDUCTED.**

APU expressly disclaims liability for actions of third parties, including but not limited to participants, students, agents, or volunteers who are not acting under the direction and control of APU. I release Releasees from any and all liability, including any and all claims, demands, causes of action (known or unknown), suits, or judgments of any and every kind (including attorneys' fees), arising from any injury, illness, damage or death that I may suffer as a result of actions of any third parties who are not Releasees.

Releasees are not in any way responsible for any injury, illness, or damage that I sustain as a result of my own negligent or reckless acts or my own intentional misconduct and I hereby release Releasees from any liability for the same.

**INDEMNITY:** I, on behalf of myself, my personal representatives, heirs, executors, administrators, agents, and assigns, agree to hold harmless the Releasees from any and all liability, including any and all claims, demands, causes of action (known or unknown), suits, or judgments (including attorneys' fees and costs), arising from any injury, illness, damage or death that I may suffer as a result of my participation in the Program, **REGARDLESS OF WHETHER THE INJURY, ILLNESS, DAMAGE OR DEATH IS CAUSED BY THE RELEASEES OR OTHERWISE UNLESS THE INJURY, ILLNESS, DAMAGE OR DEATH IS CAUSED BY THE RELEASEES' NEGLIGENCE, GROSS NEGLIGENCE OR INTENTIONAL MISCONDUCT.**

In the event that I or any of my family members, personal representatives, heirs, executors, administrators, agents, assigns or any other third party attempts to assert any claims, demands, causes of action (known or unknown), suits, or judgments (including attorneys' fees), arising from any injury, illness, damage or death to me, including but not limited to any injury or illness resulting from my own negligence, recklessness, or intentional misconduct during or related to the Program, **I AGREE TO DEFEND AND INDEMNIFY RELEASEES AGAINST SUCH CLAIMS, DEMANDS, CAUSES OF ACTION (KNOWN OR UNKNOWN), SUITS, AND/OR JUDGMENTS OF ANY AND EVERY KIND (INCLUDING ATTORNEYS' FEES AND COSTS) TO THE FULLEST EXTENT PERMITTED BY LAW.**

**PERSONAL MEDICAL INSURANCE:** I have my own personal medical insurance and am responsible for the cost of any and all medical services that I may require as a result of participating in the Program, except for medical costs arising from an injury or illness that I sustain that is the direct result of Releasees' gross negligence or intentional misconduct.

**MEDICAL CONSENT:** Releasees may not have medical personnel available at the location of the Program. In the event of any medical emergency, I authorize and consent to any x-ray examination, anesthetic, medical, dental or surgical diagnosis or treatment and hospital care that APU personnel deem necessary for my safety and protection. Releasees assume no responsibility for any injury, illness, or damage which might arise out of or in connection with such authorized emergency medical treatment. In the event that I experience any condition requiring emergency medical treatment, APU may direct that I be transported to the hospital for such care.

**PROMOTIONAL RIGHTS:** APU has the right to use, for promotional purposes only, any photographs of me taken by APU's employees or agents, during my participation in the Program. APU may use any statements or quotes attributed to me in my evaluation of the Program for marketing purposes.

**CHOICE OF LAW:** This Agreement and any disputes arising out of this Agreement shall be governed by the laws of the State of Alaska. Unless waived by all parties, venue for any disputes arising out of this Agreement shall be in the U.S. District Court for the District of Alaska or the state courts for the Third Judicial District, State of Alaska, at Anchorage.

**SEVERABILITY:** If any term or provision of this Agreement shall be held illegal, unenforceable, or in conflict with any law governing this Agreement the validity of the remaining portions shall not be affected thereby.

**I hereby acknowledge that I have read, understand, and will abide by each of the terms and conditions of this Agreement. I understand that I may seek legal counsel of my own choosing to fully explain any terms of this Agreement to me before I sign it.**

Date: \_\_\_\_\_

\_\_\_\_\_  
(Signature of Participant)